



Black Diamond Monterey Jack Cheese Shredded



Monterey Jack cheese is made from pasteurized milk, which is shredded, packed into bags, and gas flushed with nitrogen. An approved anti-caking agent is used in an amount not exceeding 2%.

Product Last Saved Date:14 October 2016

Nutrition Facts

Serving Size: 30 GRM

Number of Servings per Package:

Amount Per Serving

Calories: 460.5

Calories from Fat:

% Daily Value*

Total Fat 9 g 14%

Saturated Fat 5 g 26%

Trans Fat .2 g

Cholesterol 25 mg %

Sodium 210 mg 9%

Total Carbohydrate 1 g 1%

Dietary Fiber 0 g 0%

Sugars 0 g

Protein 7 g

	Per Srv	Per Srv
Vitamin A	8%	Vitamin C 0%

	Per Srv	Per Srv
Calcium	20%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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Product Specifications:

Code	GTIN	Pack	Pack Description
088658	10068200886586	2 X 2.5 KGM	

Brand	Brand Owner	GPC Description
Black Diamond™ - Parmalat™	Parmalat Canada	Temporary Classification

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.51 KGM	5 KGM	Canada		

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
43.3 CMT	33.6 CMT	13 CMT	18913.44 CMQ	8x9	150 Days	1 CEL / 4 CEL

Ingredients :

Milk, modified milk ingredients, cream, bacterial culture, salt, calcium chloride, microbial enzyme, cellulose (to prevent caking), natamycin. Contains: Milk

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Store at 1 to 4 °C. To maintain flavour and quality, transport and store in a cool, clean, semi-humid environment. Avoid direct sunlight, strong odours or open air for extended periods of time. Product should be resealed after opening and used within 3 to 5 days.

Benefits :

Ready to use. Labour savings. Pre-shredded. Eliminates some Food Safety concerns. Shredded at our plant. Eliminates trim creation.

Serving Suggestions :

This cheese is used in such applications as salads, soups and other prepared foods.

Prep & Cooking Suggestions :

Versatility - can be shredded, sliced and diced or cut into smaller cubed pieces to be served on a cheese plate.

More Information :

TELEPHONE: For more information, please contact your Parmalat Sales Representative. ;
WEBSITE: Visit GS1 Canada website for NFT values per 100g servings. parmalat-foodservice.ca