



Beatrice Yogourt Stirred 1% Plain



1% M.F. stirred style plain yogurt with active bacterial cultures.

Product Last Saved Date: 09 March 2017

Nutrition Facts

Serving Size: 175 GRM

Number of Servings per

Amount Per Serving

Calories: 110

Calories from Fat:

% Daily Value*

Total Fat 2 g 3%

Saturated Fat 1 g 5%

Trans Fat 0 g

Cholesterol 10 mg %

Sodium 125 mg 5%

Total Carbohydrate 15 g 5%

Dietary Fiber 0 g 0%

Sugars 7 g

Protein 7 g

	Per Srv		Per Srv
Vitamin A	0%	Vitamin C	0%

	Calcium	Iron
	20%	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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Product Specifications:

Code	GTIN	Pack	Pack Description
000680	10055300006808	1 X 4 KGM	

Brand	Brand Owner	GPC Description
Beatrice - Parmalat	Parmalat Canada	Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.246 KGM	4 KGM	Canada	Yes	

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
21 CMT	21 CMT	18.7 CMT	8246.7 CMQ	30x3	46 Days	1 CEL / 4 CEL

Ingredients :

Milk ingredients, modified corn starch, carrageenan, pectin, active bacterial culture.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Store in a refrigerated, clean and dry environment. Should not be exposed to direct sunlight and strong odours.

Benefits :

Ready to serve. Consistent texture and taste. Good source of calcium, Low Fat, low in saturated and trans fatty acids and low in Cholesterol.

Serving Suggestions :

Eat on its own or mix with your favourite topping.

Prep & Cooking Suggestions :

Ready to serve. Fruit can be added for extra flavour.

More Information :

TELEPHONE: For more information, please contact your Parmalat Sales Representative.