



Astro Smooth & Fruity Yogourt Stirred Strawberry



Astro™ Smooth 'n Fruity has real fruit pieces stirred into smooth and creamy yogourt.
Made with only 2% M.F.

Product Last Saved Date:16 May 2016

Nutrition Facts

Serving Size: 125 GRM

Number of Servings per

Amount Per Serving

Calories: 140

Calories from Fat:

% Daily Value*

Total Fat 2 g 3%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 10 mg %

Sodium 55 mg 2%

Total Carbohydrate 25 g 8%

Dietary Fiber 0 g 0%

Sugars 21 g

Protein 4 g

	Per Srv	Per Srv
Vitamin A	2%	Vitamin C 0%
Calcium	10%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Code	GTIN	Pack	Pack Description
034675	10068200346752	6 X 650 GR	

Brand	Brand Owner	GPC Description
Astro - Parmalat™		Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.2 KGM	3.9 KGM	Canada	No	

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
36.5 CMT	24 CMT	12.9 CMT	11300.4 CMQ	13x10	55 Days	1 CEL / 4 CEL

Ingredients :

Modified Milk Ingredients, Sugar, Strawberries, Modified Corn Starch, Gelatin, Pectin, Lemon, Juice Concentrate, Natural Flavours, Colour, Active Bacterial Cultures.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Store at 1 °C to 4 °C (34 °F to 39 °F).

Benefits :

Astro Smooth 'n Fruity is low in fat and is a stirred into smooth and creamy yogourt.

Serving Suggestions :

Can be eaten on it's own or mixed with your favourite cereal.

Prep & Cooking Suggestions :

Ready to serve. Can be mixed with your favourite cereal or fruit.

More Information :

TELEPHONE: For more information, please contact your Parmalat Sales Representative.